Porridge a la Felicity Cloake for 45

Ingredients

* 1.5kg oatmeal
* 3L Oatly (Mornflake oats needed 3.75l)
* 1.5L water
* 19g / 3 tsp salt

Serve with:

* 350g demerara sugar (roughly)
* 2 bottles of maple syrup
* Cold milk

Method

1. Toast the oats over a medium high heat, stirring frequently, until fragrant (5 minutes?).
2. Add the Oatly and water, bring to the boil slowly, stirring frequently with the handle of a wooden spoon.
3. Turn down the heat and simmer for about 5 minutes. Add the salt, then simmer for another 5 minutes or until the consistency is right. Stir throughout!
4. The porridge will then benefit from sitting undisturbed for 15 minutes, however there may be hungry people by this point.

**Gluten Free Porridge**

Also make 6 portions using gluten free oats:

240g oat flakes - toasted if you can

600ml water

600ml Oatly

Pinch salt

Stir in a small pan until a good consistency.